

Questions to ask a Prospective Coach

1. Describe your coaching process.
2. How long would our coaching contract be?
3. How many times would we meet in person and/or talk on the phone?
4. Is there a limit to the number of coaching sessions we can have?
5. How do you protect confidentiality between us?
6. Would you conduct any assessments or feedback interviews with others?
7. How would my boss be involved?
8. What are your relevant experiences?
9. Describe to me one of your most successful coaching engagements.
10. Under what circumstances will you refuse to take a coaching engagement?
11. Under what circumstances will you stop an ongoing coaching engagement?